

The Complete Hospital Bag Checklist

Prepare for your c section delivery like a boss!

FOR MAMA

- Weekend bag
- Robe
- Comfy socks
- Nipple Cream
- Stretchy going home outfit
- Comfortable shoes
- Flip flops
- Nipple pads
- Water bottle
- Comfortable underwear
- Nursing bra
- Pillow
- Blanket
- Essential documents



Extras / Optional

- Phone + Charger
- Camera + Charger
- Firestick or other streaming device
- Glasses or contacts
- Books/magazines
- Makeup
- Extension cord for phone charger
- Eye mask
- Ear plugs
- Nursing pillow
- Hair iron and blow dryer
- Daily undies and nursing bras



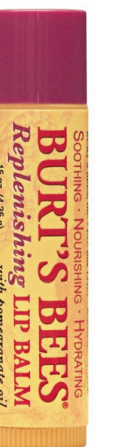
FOR BABY

- Diaper bag
- Car seat
- Car seat cover
- Going home outfit
- Swaddle blanket
- Mittens
- Socks



Toiletries

- Shampoo and conditioner
- Chapstick
- Toothbrush & Toothpaste
- Moisturizer
- Travel size body wash and loufa
- Lotion
- Deorderant



FOR DAD

- Overnight bag
- Pillow
- Blanket
- Snacks
- Water bottle
- Sweats
- Travel toiletries
- Wallet
- Flip flops

