

# Hospital Bag Checklist

**DON'T FORGET YOUR DRIVERS LICENSE and INSURANCE CARDS!**

## For Mama

-Nursing gown

-Nursing robe

-Cozy slippers/Flip flops/Socks

-Nursing tank/bra

-High waist underwear

-Large tote

-Going home outfit

-Toiletries

-Minimal makeup

-Chapstick

-Blanket

-Pillow

## For Baby

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-Announcement Sign

-Socks/Mittens

-Going home outfit

-1-2 swaddles

-1-2 PJ/Gowns

-Pacifier

-1-2 Hats

-1-2 Burp Clothes

-Comfy blanket

-Car seat

-Diaper bag

## Extras

-Diffuser and oils

-Power strip with USB ports

-Streaming device

-Headphones

-Hand Sanitizer